

**A SHORT SADHANA OF VAJRAPANI, HAYAGIRVA  
AND THE KING GARUDA**

*(Vajrapani with Three Wrathful Aspects)*

According to the pure and unbroken  
Gelug lineage tradition of Tibetan Buddhism

composed by Bhiksu Ngulchu Dharmabhadra



*(1772-1851 C.E.)*

This sadhana practice is intended only for those people who have received this Vajrapani with Three Wrathful Aspects Mahaanuttarayogatantra Initiation from a qualified Lama.

**Gaden for the West**

## A Short Sadhana Of Vajrapani, Hayagirva and the King Garuda

Here is a concise sadhana of Vajrapani with three wrathful aspects.

NAMO GURU VAJRAPANAYE

### **Refuge and generating the Mind of Enlightenment**

I take refuge in the Guru.  
I take refuge in the Buddha.  
I take refuge in the Dharma  
I take refuge in the Spiritual Assembly.

[3x]

For the sake of all living beings  
I will attain the fully enlightened state of Buddha.  
For that purpose I will practice the sadhana of Vajrapani with three wrathful aspects.

[3x]

OM SVABHAVA SHUDDHA SARVA DHARMA SVABHAVA SHUDDHO HAM  
Nirvana and samsara, the universe and all living beings, are empty of inherent existence.

Everything becomes empty. Out of emptiness on top of a lotus and sun disc is my consciousness in the form of a dark blue syllable HUM which emanates rays of light, fulfilling the two purposes. Lights gather back and I become Sri Vajrapani dark blue in colour with one face and two arms.

The right raising a golden vajra with five spokes and the left performing the gesture of threatening at the chest. The yellowish brown hair is raised up, amidst which is a green head of a horse Hayagirva making three neighing sounds.

On the crown of that horse is the King Garuda with white body, three eyes and a vajra beak. His wings are made of swords and between the two horns of turquoise is a burning gem.

He holds in his hands the four types of maras and eats them. Clad in tiger-skin garments I stand amidst a wisdom fire with the right foot bent and the left outstretched.

I am adorned at the crown with a white OM .

At the throat with a red AH and at the heart with a blue HUM. From the syllable HUM at my heart I emanate rays of light, inviting identical wisdom beings in front of me.

## Offerings

OM VAJRAPANI SAPARIWARA ARGHAM PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA PADHYAM PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA PÜSHPE PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA DHUPE PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA ALOKE PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA GANDHE PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA NAIVIDHYE PRATICCHA HUM SVAHA  
OM VAJRAPANI SAPARIWARA SHABDA PRATICCHA HUM SVAHA

## Praises

I prostrate and offer compliments to the body, speech and mind of the Buddhas of the ten directions who have taken the form of the Owner of the Secrets, Hayagirva and the King Garuda.

Chief among all the wrathful aspects, showing all three as one single nature.

Just by remembering you destroys all forms of interferences and evils.

Please pacify all interferences and obstacles to the practice of Dharma such as evils; spirits and illnesses that come from above, middle and below from today until the time of attaining complete enlightenment.

Grant us all the attainments according to our wishes.

DZA HUM BAM HO

The wisdom beings become one with the visualized beings. At my heart on a lotus and sun disc is HUM surrounded by the mantra ring, which emanate rays of light, purifying all evils, illnesses and defilements of others and myself. All the blessings of the Buddhas and Bodhisattvas gather back in the form of light rays and dissolve into the mantra rosary and letter HUM, bringing about an increase in lifespan, merit, and all wholesome qualities related to the verbal and realization teachings of the Buddha.

## Mantra Recitation

OM VAJRAPANI HAYAGIRVA GARUDA HUM PHAT

*Presenting offerings to the three Yidam deities as one*

Offering goddesses emanate from my heart and make you offerings.

OM VAJRAPANI SAPARIVARA ARGHAM PRATICCHA HUM SOHA  
OM VAJRAPANI SAPARIVARA PADYAM PRATICCHA HUM SOHA  
OM VAJRAPANI SAPARIVARA PUSHPE PRATICCHA HUM SOHA  
OM VAJRAPANI SAPARIVARA DHUPE PRATICCHA HUM SOHA  
OM VAJRAPANI SAPARIVARA ALOKE PRATICCHA HUM SOHA  
OM ARYA TARE SAPARIVARA GANDHE PRATICCHA HUM SOHA

OM VAJRAPANI SAPARIVARA NAIVIDYA PRATICCHA HUM SOHA  
OM VAJRAPANI SAPARIVARA SHABDA PRATICCHA HUM SOHA

Pleasing water offerings, various flowers  
Sweet-smelling incense, lights, scented water and so forth,  
A vast cloud of offerings both set out and imagined,  
I offer to you Vajrapani, Hayagriva and Garuda supreme Field of Merit for my mind of faith.

*[recite as many times as possible]*

### **Dedication**

By the virtues collected through this practice, may I quickly attain the state of Vajrapani, the Lord of the Secrets, and lead all beings, without exception to the state of enlightenment.

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**Translator's Colophon:**

This concise sadhana of Vajrapani with the three wrathful aspects was written by Bhiksu Dharmabhadra according to the thoughts of the sadhana called Vajra Diamond for his own practice.

**Gaden for the West Colophon:**

Under the kind supervision of the Venerable 13<sup>th</sup> Zasep Tulku Rinpoche, this Gaden for the West (GFTW) version of A Short Sadhana of Glorious Haryagirva Yab-Yum has been lightly edited by Chuck Damov, with the assistance of Matthew Richards, and formatted by Peter Lewis.

Please forward editing suggestions / corrections to [chuckdamov@yahoo.ca](mailto:chuckdamov@yahoo.ca) , and formatting suggestions / corrections to [peterl@netidea.com](mailto:peterl@netidea.com) .

Updated versions will be available on the web.

We dedicate any and all merit of this effort to the study and pure practice of the precious Vajrayana teachings.